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THE IMPORTANCE OF WORK-LIFE

BALANCE

FOR NURSES

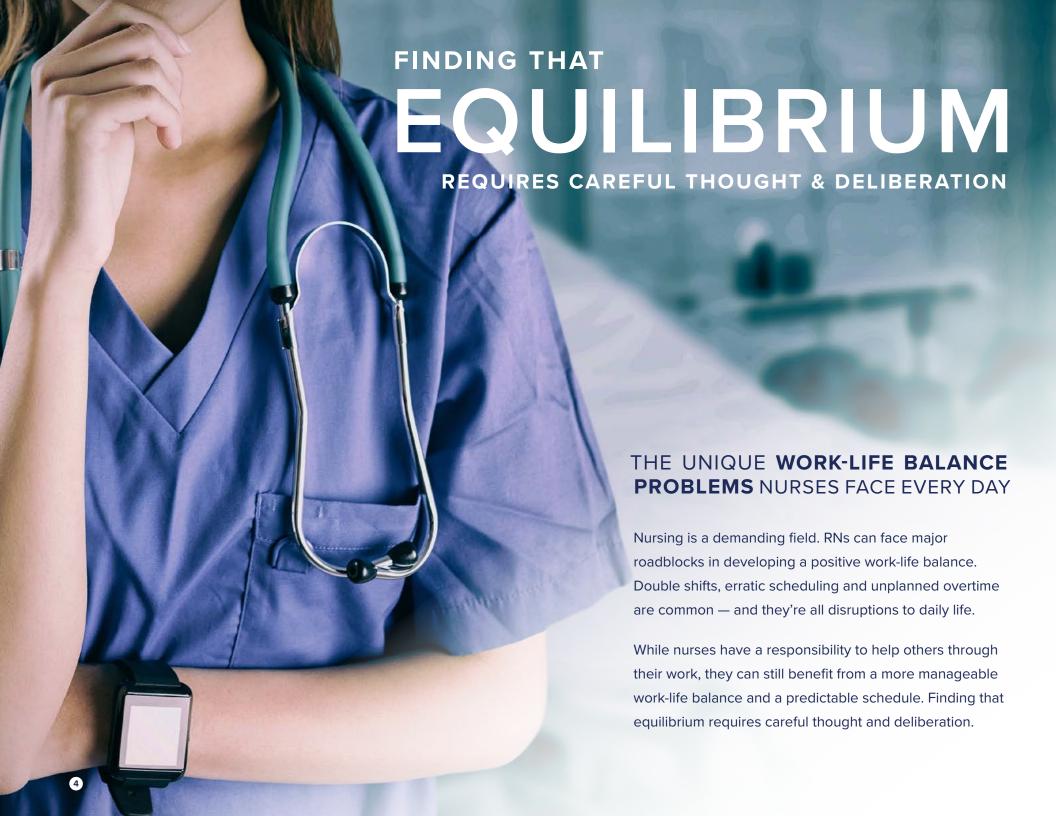
Work-life balance is a significant consideration for full-time professionals. Housework, errands, family, friends, faith — how do you manage it all while pursuing a degree?

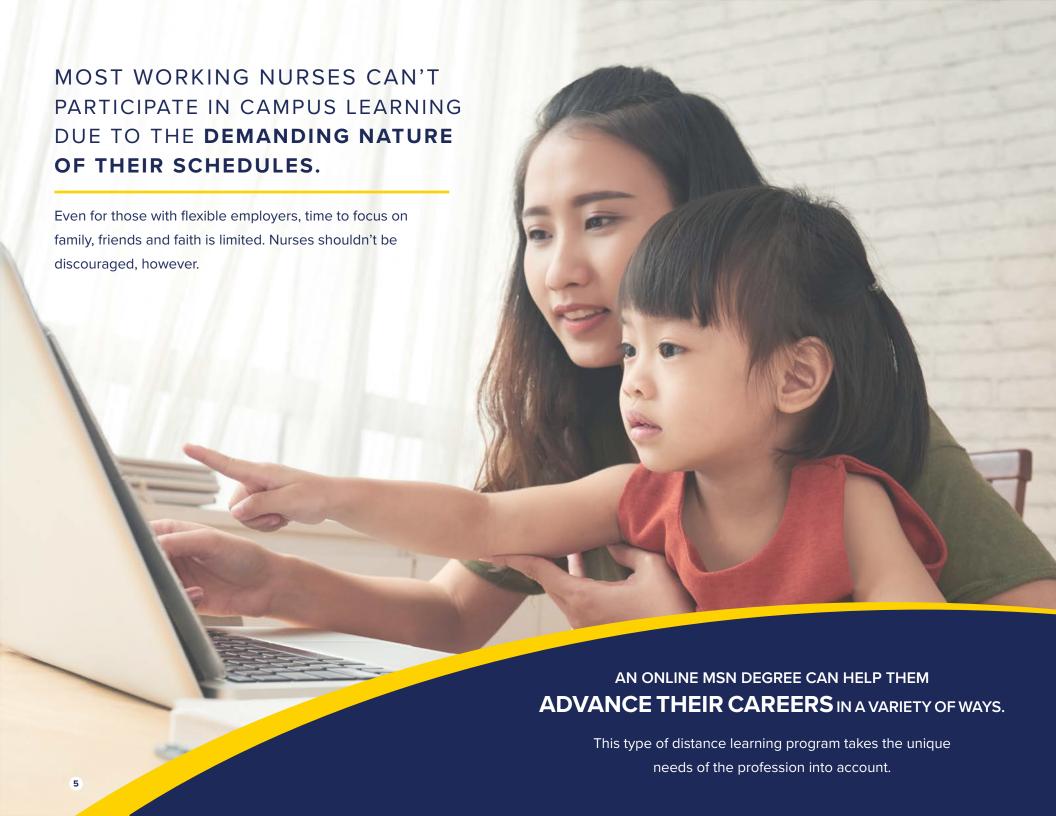
Nurses know how difficulty balancing personal and career needs can increase stress, which can easily lead to negative outcomes over time.

For many working nurses, an online Master of Science in Nursing (MSN) degree with a Nurse Practitioner focus can:

- Provide a flexible learning environment that allows working nurses to earn their degrees at a pace that aligns with existing personal and professional needs.
- Open the door to a variety of new career paths that improve work-life balance for graduates in the long term.







OPPORTUNITIES FOR WORKING NURSES

A strong, online MSN program encourages educational progress and career development through:

- An approach to online learning that doesn't require full-time involvement. Instead, students can focus on a single course at a time and advance at a manageable pace (exclusions may apply).
- The ability for nurses to be on top of their own schedules as much as possible, reserving time spent on family, faith and hobbies.
 Periods of downtime, days off, nights or early mornings can be devoted to studies.
- An emphasis on financially rewarding professional paths, like the nurse practitioner role. NPs earn a median salary of \$107,460, according to PayScale.com — as much as 60 percent more than registered nurses — which provides a long-term financial advantage.

- Allowing graduates to secure a variety of senior positions in clinics, doctor's offices, surgery centers and other facilities that have more regular hours. Although some NPs cover night shifts, there's greater opportunity to secure roles with a more manageable schedule.
- The chance for autonomy, depending on location. In some states, NPs don't need physician oversight. They can open and oversee their own practices, prescribe controlled substances and operate to the full extent of their training.

A CURRICULUM DESIGNED

UNIQUELY

FOR WORKING NURSES

Spring Arbor University's (SAU) online MSN degree offers all of the benefits that make a digital learning experience valuable for today's nurses and does so in an environment that emphasizes Christian values and community. The approach of taking **one seven-week course at a time**, with breaks in between, is foundational to ensuring nurses can progress with minimal disruptions to their daily lives (exclusions may apply).

With the ability to focus their attention on a single course throughout the program, students can dive deeper into material without having to juggle multiple classes on top of unpredictable shifts. Additionally, **courses are asynchronous**, which means students do not have to log-in at specific times. This type of learning is tailor-made for students with full-time responsibilities outside of their education.

Uniquely designed for working nurses, the program allows students to earn their degree whether they work a standard Monday-Friday schedule, or have three or more 12-hour shifts during the week.

With **just 15-20 hours of coursework each week**, nurses have flexibility to complete their degree.

Just 15-20 hours of coursework each week.

MULTIPLE START DATES

help students earn their MSN degrees at the best possible times

SAU's online MSN degree offers multiple entry points to support busy nurse schedules. With multiple start dates throughout the year, nurses can advance their education on a timeline that aligns with their needs. Combined with the 7-1-7 model (one seven-week course at a time with one week off in between) this approach emphasizes nurses' unique time management needs.

With multiple start dates and a flexible, 7-1-7 coursework model, nurses can pursue degrees around their busy schedules.



ENCOURAGES STUDENTS

Students in SAU's online MSN program enjoy a high degree of support before and after they are admitted.

Online admissions representatives are available to answer questions and guide students through the application process. From the start of classes until graduation, a Student Success Coach provides support, encouragement and guidance. Engaged faculty and staff also provide a caring community as students complete each course.

Clinical support is another consideration within the MSN program, with the goal of leaving no nurse behind during preceptor placement. Nursing students build an educational foundation before beginning their clinicals in the second year. Students enjoy access to resources that help them build their professional networks and are supported by a clinical coordinator as they establish relationships with their nurse preceptors.





SAU'S ONLINE MSN DEGREE HAS STRONG PASS RATES FOR GRADUATES TAKING THE NECESSARY LICENSURE EXAMS —

either the American Association of Nurse Practitioner exam or the American Nurses Credentialing Center exam. With first-time pass rates of 88 percent, and 100 percent for second-time test takers, graduates who devote time to exam preparation can be confident in their ability to gain professional licensure.

Through a rigorous curriculum and the support of caring faculty, students are prepared for real-world experiences where they can effectively apply theory and practice.

A clear path from graduation to licensure helps students achieve inspiring outcomes.









Spring Arbor UNIVERSITY

Spring Arbor University is a community of learners distinguished by our lifelong involvement in the study and application of the liberal arts, total commitment to Jesus Christ as the perspective for learning and critical participation in the contemporary world.









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